

**Ergebnisliste**  
**LA-Werfertag von RKS Phoenix Mutterstadt am**  
**24.02.2019 in Mutterstadt**  
*(Reihenfolge Hammer + Kugel + Diskus + Speer + Gewicht)*

**Hammerwerfen**

A-Jugend (U 20):

|    |             |        |    |       |
|----|-------------|--------|----|-------|
| 1. | Lux,        | Dennis | 01 | 25,93 |
|    | TSG Haßloch |        |    |       |

Männer:

|     |                             |           |    |       |
|-----|-----------------------------|-----------|----|-------|
| 1.  | Tonizzo,                    | Stephane  | 71 | 44,71 |
|     | CSL Luxembourg              |           |    |       |
| 2.  | Klein,                      | Steffen   | 97 | 43,67 |
|     | RKS Phoenix Mutterstadt     |           |    |       |
| 3.  | Bub,                        | Daniel    | 94 | 42,88 |
|     | TSG Haßloch                 |           |    |       |
| 4.  | Zachrau,                    | Gerhard   | 49 | 34,60 |
|     | RKS Phoenix Mutterstadt     |           |    |       |
| 5.  | Schiele,                    | Hans-Jörg | 65 | 23,02 |
|     | Unterländer LG TSV Biberach |           |    |       |
| 6.  | Lutter, Dr.,                | Klaus     | 56 | 22,66 |
|     | LAC Quelle Fürth            |           |    |       |
| 7.  | Lange,                      | Torsten   | 45 | 21,74 |
|     | RKS Phoenix Mutterstadt     |           |    |       |
| 8.  | Tretter,                    | Bernhard  | 54 | 21,30 |
|     | RKS Phoenix Mutterstadt     |           |    |       |
| 9.  | Gundermann,                 | Norbert   | 56 | 21,22 |
|     | RKS Phoenix Mutterstadt     |           |    |       |
| 10. | Heinzel,                    | Joachim   | 46 | 21,14 |
|     | RKS Phoenix Mutterstadt     |           |    |       |
| 11. | Adams,                      | Mike      | 99 | 19,09 |
|     | TSG Haßloch                 |           |    |       |
| -   | Rhaue,                      | Reinhard  | 52 | verl. |
|     | RKS Phoenix Mutterstadt     |           |    |       |

M 45:

|    |                |          |    |       |
|----|----------------|----------|----|-------|
| 1. | Tonizzo,       | Stephane | 71 | 42,45 |
|    | CSL Luxembourg |          |    |       |

M 50:

|    |                             |           |    |       |
|----|-----------------------------|-----------|----|-------|
| 1. | Schiele,                    | Hans-Jörg | 65 | 25,68 |
|    | Unterländer LG TSV Biberach |           |    |       |

M 60:

|    |                  |       |    |       |
|----|------------------|-------|----|-------|
| 1. | Lutter, Dr.,     | Klaus | 56 | 29,73 |
|    | LAC Quelle Fürth |       |    |       |

|    |                         |    |       |
|----|-------------------------|----|-------|
| 2. | Gundermann, Norbert     | 56 | 27,55 |
|    | RKS Phoenix Mutterstadt |    |       |

M 65:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Zachrau, Gerhard        | 49 | 40,70 |
|    | RKS Phoenix Mutterstadt |    |       |

|    |                |    |       |
|----|----------------|----|-------|
| 2. | Krämer, Dieter | 51 | 27,60 |
|    | TV Alzey       |    |       |

|    |                         |    |       |
|----|-------------------------|----|-------|
| 3. | Rhaue, Reinhard         | 52 | 27,30 |
|    | RKS Phoenix Mutterstadt |    |       |

|    |                         |    |       |
|----|-------------------------|----|-------|
| 4. | Tretter, Bernhard       | 54 | 27,05 |
|    | RKS Phoenix Mutterstadt |    |       |

M 70:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Lange, Torsten          | 45 | 35,04 |
|    | RKS Phoenix Mutterstadt |    |       |

|    |                  |    |       |
|----|------------------|----|-------|
| 2. | Wörner, Waldemar | 45 | 35,00 |
|    | TuS Sohren       |    |       |

|    |                   |    |       |
|----|-------------------|----|-------|
| 3. | Hummer, Joseph    | 46 | 24,08 |
|    | TV Germania Trier |    |       |

|    |                         |    |       |
|----|-------------------------|----|-------|
| 4. | Heinzel, Jochen         | 46 | 23,12 |
|    | RKS Phoenix Mutterstadt |    |       |

M 75:

|    |               |    |       |
|----|---------------|----|-------|
| 1. | Caspers, Lutz | 43 | 45,07 |
|    | TV Alzey      |    |       |

|    |                              |    |       |
|----|------------------------------|----|-------|
| 2. | Held, Walter                 | 42 | 33,25 |
|    | LG Rheinfront - TV Oppenheim |    |       |

Damen (Aktivenklasse - W 20):

|    |                  |    |       |
|----|------------------|----|-------|
| 1. | Schardt, Bettina | 72 | 39,04 |
|    | TG Mannheim      |    |       |

|    |                           |    |       |
|----|---------------------------|----|-------|
| 2. | Kosmala-Tonizzo, Mireille | 68 | 37,93 |
|    | CSL Luxembourg            |    |       |

|    |                 |    |       |
|----|-----------------|----|-------|
| 3. | Telge, Kristina | 70 | 32,28 |
|    | TV Alzey        |    |       |

|    |                                 |    |       |
|----|---------------------------------|----|-------|
| 4. | Reuschenbach, Anne              | 80 | 30,39 |
|    | LA Bad Soden-Sulzbach-Neuenhain |    |       |

|    |                         |    |       |
|----|-------------------------|----|-------|
| 5. | Borutta, Anette         | 69 | 27,57 |
|    | RKS Phoenix Mutterstadt |    |       |

|    |                             |    |       |
|----|-----------------------------|----|-------|
| 6. | Schiele, Katharina          | 00 | 25,04 |
|    | Unterländer LG TSV Biberach |    |       |

|    |                             |    |       |
|----|-----------------------------|----|-------|
| 7. | Schiele, Ulrike             | 70 | 22,65 |
|    | Unterländer LG TSV Biberach |    |       |

|    |                         |    |       |
|----|-------------------------|----|-------|
| 8. | Böhm, Gertrud           | 49 | 19,04 |
|    | RKS Phoenix Mutterstadt |    |       |

W 45:

|    |                 |    |       |
|----|-----------------|----|-------|
| 1. | Schiele, Ulrike | 70 | 21,85 |
|    | Unterländer TV  |    |       |

W 50:

|    |                           |    |       |
|----|---------------------------|----|-------|
| 1. | Kosmala-Tonizzo, Mireille | 68 | 46,00 |
|    | CSL Luxembourg            |    |       |
| 2. | Broich, Kathrin           | 69 | 34,95 |
|    | SV Kirchheimbolanden      |    |       |
| 3. | Borutta, Anette           | 69 | 33,84 |
|    | RKS Phoenix Mutterstadt   |    |       |

W 70:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Böhm, Gertrud           | 49 | 23,92 |
|    | RKS Phoenix Mutterstadt |    |       |

### Kugelstoßen

A-Jugend (U 20):

|    |             |    |      |
|----|-------------|----|------|
| 1. | Lux, Dennis | 01 | 9,31 |
|    | TSG Haßloch |    |      |

Männer:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Klein, Steffen          | 97 | 12,76 |
|    | RKS Phoenix Mutterstadt |    |       |
| 2. | Adams, Mike             | 99 | 8,80  |
|    | TSG Haßloch             |    |       |
| 3. | Zachrau, Gerhard        | 49 | 8,52  |
|    | RKS Phoenix Mutterstadt |    |       |
| 4. | Lange, Torsten          | 45 | 7,40  |
|    | RKS Phoenix Mutterstadt |    |       |
| 5. | Heinzel, Jochen         | 46 | 4,86  |
|    | RKS Phoenix Mutterstadt |    |       |

M 60:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Lutter, Dr., Klaus      | 56 | 11,87 |
|    | LAC Quelle Fürth        |    |       |
| 2. | Gundermann, Norbert     | 56 | 8,73  |
|    | RKS Phoenix Mutterstadt |    |       |

M 65:

|    |                         |    |      |
|----|-------------------------|----|------|
| 1. | Zachrau, Gerhard        | 49 | 9,83 |
|    | RKS Phoenix Mutterstadt |    |      |

|    |                         |    |      |
|----|-------------------------|----|------|
| 2. | Tretter, Bernhard       | 54 | 8,82 |
|    | RKS Phoenix Mutterstadt |    |      |
| 3. | Rhaue, Reinhard         | 52 | 8,24 |
|    | RKS Phoenix Mutterstadt |    |      |

M 70:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Lange, Torsten          | 45 | 10,91 |
|    | RKS Phoenix Mutterstadt |    |       |
| 2. | Wörner, Waldemar        | 45 | 10,27 |
|    | TuS Sohren              |    |       |
| 3. | Heinzel, Jochen         | 46 | 7,29  |
|    | RKS Phoenix Mutterstadt |    |       |

M 75:

|    |                              |    |      |
|----|------------------------------|----|------|
| 1. | Held, Walter                 | 42 | 9,39 |
|    | LG Rheinfront - TV Oppenheim |    |      |

Damen (Aktivenklasse - W 20):

|    |                                 |    |       |
|----|---------------------------------|----|-------|
| 1. | Schiele, Katharina              | 00 | 11,85 |
|    | Unterländer LG TSV Biberach     |    |       |
| 2. | Reuschenbach, Anne              | 80 | 10,00 |
|    | LA Bad Soden-Sulzbach-Neuenhain |    |       |
| 3. | Tag, Natalie                    | 97 | 6,02  |
|    | RKS Phoenix Mutterstadt         |    |       |

W 50:

|    |                      |    |       |
|----|----------------------|----|-------|
| 1. | Broich, Kathrin      | 69 | 11,47 |
|    | SV Kirchheimbolanden |    |       |

### Diskuswerfen

A-Jugend (U 20):

|    |             |    |       |
|----|-------------|----|-------|
| 1. | Lux, Dennis | 01 | 24,04 |
|    | TSG Haßloch |    |       |

Männer:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Klein, Steffen          | 97 | 37,77 |
|    | RKS Phoenix Mutterstadt |    |       |
| 2. | Adams, Mike             | 99 | 29,69 |
|    | TSG Haßloch             |    |       |

M 60:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Lutter, Dr., Klaus      | 56 | 34,59 |
|    | LAC Quelle Fürth        |    |       |
| 2. | Gundermann, Norbert     | 56 | 28,48 |
|    | RKS Phoenix Mutterstadt |    |       |

M 65:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Zachrau, Gerhard        | 49 | 39,75 |
|    | RKS Phoenix Mutterstadt |    |       |
| 2. | Tretter, Bernhard       | 54 | 29,83 |
|    | RKS Phoenix Mutterstadt |    |       |
| 3. | Rhaue, Reinhard         | 52 | 27,43 |
|    | RKS Phoenix Mutterstadt |    |       |

M 70:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Wörner, Waldemar        | 45 | 31,17 |
|    | TuS Sohren              |    |       |
| 2. | Lange, Torsten          | 45 | 23,61 |
|    | RKS Phoenix Mutterstadt |    |       |

M 75:

|    |                              |    |       |
|----|------------------------------|----|-------|
| 1. | Held, Walter                 | 42 | 30,20 |
|    | LG Rheinfront - TV Oppenheim |    |       |

Damen (Aktivenklasse):

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Tag, Natalie            | 97 | 16,67 |
|    | RKS Phoenix Mutterstadt |    |       |

W 35:

|    |                                 |    |       |
|----|---------------------------------|----|-------|
| 1. | Reuschenbach, Anne              | 80 | 32,71 |
|    | LA Bad Soden-Sulzbach-Neuenhain |    |       |

W 45:

|    |                  |    |       |
|----|------------------|----|-------|
| 1. | Schardt, Bettina | 72 | 40,73 |
|    | TG Mannheim      |    |       |

W 50:

|    |                      |    |       |
|----|----------------------|----|-------|
| 1. | Broich, Kathrin      | 69 | 33,08 |
|    | SV Kirchheimbolanden |    |       |

W 70:

|    |                         |    |       |
|----|-------------------------|----|-------|
| 1. | Böhm, Gertrud           | 49 | 13,66 |
|    | RKS Phoenix Mutterstadt |    |       |

### **Speerwerfen**

A-Jugend (U 20):

|    |             |    |       |
|----|-------------|----|-------|
| 1. | Lux, Dennis | 01 | 26,11 |
|    | TSG Haßloch |    |       |

Männer:

|    |             |    |       |
|----|-------------|----|-------|
| 1. | Adams, Mike | 99 | 30,76 |
|    | TSG Haßloch |    |       |

M 55:

- |    |                                     |         |    |       |
|----|-------------------------------------|---------|----|-------|
| 1. | Lutter, Dr.,<br>LAC Quelle Fürth    | Klaus   | 56 | 26,00 |
| 2. | Zachrau,<br>RKS Phoenix Mutterstadt | Gerhard | 49 | 21,80 |

M 60:

- |    |  |         |    |       |
|----|--|---------|----|-------|
| 1. | Lutter, Dr.,<br>LAC Quelle Fürth       | Klaus   | 56 | 27,40 |
| 2. | Gundermann,<br>RKS Phoenix Mutterstadt | Norbert | 56 | 17,00 |

M 65:

- |    |                                     |          |    |       |
|----|-------------------------------------|----------|----|-------|
| 1. | Zachrau,<br>RKS Phoenix Mutterstadt | Gerhard  | 49 | 22,80 |
| 2. | Rhaue,<br>RKS Phoenix Mutterstadt   | Reinhard | 52 | 22,01 |
| 3. | Tretter,<br>RKS Phoenix Mutterstadt | Bernhard | 54 | 14,80 |

M 70:

- |    |                                   |          |    |       |
|----|-----------------------------------|----------|----|-------|
| 1. | Wörner,<br>TuS Sohren             | Waldemar | 45 | 27,80 |
| 2. | Lange,<br>RKS Phoenix Mutterstadt | Torsten  | 45 | 20,01 |

M 75:

- |    |                                       |        |    |       |
|----|---------------------------------------|--------|----|-------|
| 1. | Held,<br>LG Rheinfront - TV Oppenheim | Walter | 42 | 20,39 |
|----|---------------------------------------|--------|----|-------|

Damen (Aktivenklasse):

- |    |                                 |         |    |      |
|----|---------------------------------|---------|----|------|
| 1. | Tag,<br>RKS Phoenix Mutterstadt | Natalie | 97 | 8,82 |
|----|---------------------------------|---------|----|------|

W 50:

- |    |                                 |         |    |       |
|----|---------------------------------|---------|----|-------|
| 1. | Broich,<br>SV Kirchheimbolanden | Kathrin | 69 | 25,86 |
|----|---------------------------------|---------|----|-------|

**Gewichtwerfen**

Männer:

- |    |                                   |         |    |       |
|----|-----------------------------------|---------|----|-------|
| 1. | Klein,<br>RKS Phoenix Mutterstadt | Steffen | 97 | 12,24 |
|----|-----------------------------------|---------|----|-------|

M 55:

- |    |                                     |         |    |       |
|----|-------------------------------------|---------|----|-------|
| 1. | Zachrau,<br>RKS Phoenix Mutterstadt | Gerhard | 49 | 13,48 |
|----|-------------------------------------|---------|----|-------|

2. Lutter, Dr., Klaus 56 10,21  
LAC Quelle Fürth

3. Tretter, Bernhard 54 10,03  
RKS Phoenix Mutterstadt

M 60:

1. Lutter, Dr., Klaus 56 12,48  
LAC Quelle Fürth

2. Gundermann, Norbert 56 11,35  
RKS Phoenix Mutterstadt

M 65:

1. Zachrau, Gerhard 49 15,34  
RKS Phoenix Mutterstadt

2. Caspers, Lutz 43 14,52  
TV Alzey

3. Krämer, Dieter 51 11,38  
TV Alzey

4. Tretter, Bernhard 54 10,69  
RKS Phoenix Mutterstadt

5. Rhau, Reinhard 52 10,29  
RKS Phoenix Mutterstadt

M 70:

1. Wörner, Waldemar 45 12,95  
TuS Sohren

2. Lange, Torsten 45 12,65  
RKS Phoenix Mutterstadt

3. Heinzel, Jochen 46 8,86  
RKS Phoenix Mutterstadt

M 75:

1. Held, Walter 42 12,51  
LG Rheinfront - TV Oppenheim

W 35:

1. Reuschenbach, Anne 80 10,42  
LA Bad Soden-Sulzbach-Neuenhain

W 45:

1. Schardt, Bettina 72 13,16  
TG Mannheim

W 50:

1. Kosmala-Tonizzo, Mireille 68 16,32  
CSL Luxembourg

2. Broich, Kathrin 69 13,43  
SV Kirchheimbolanden

W 70:

- |    |                         |         |    |      |
|----|-------------------------|---------|----|------|
| 1. | Böhm,                   | Gertrud | 49 | 8,11 |
|    | RKS Phoenix Mutterstadt |         |    |      |

### Wurf-Fünfkampf

M 60:

- |    |                         |         |    |                                       |
|----|-------------------------|---------|----|---------------------------------------|
| 1. | Lutter, Dr.,            | Klaus   | 56 | <b>2.851</b> Punkte                   |
|    | LAC Quelle Fürth        |         |    | 27,38 - 11,87 - 34,59 - 27,40 - 12,22 |
| 2. | Gundermann,             | Norbert | 56 | <b>2.228</b> Punkte                   |
|    | RKS Phoenix Mutterstadt |         |    | 27,55 - 8,73 - 28,48 - 17,00 - 11,35  |

M 65:

- |    |                         |          |    |                                      |
|----|-------------------------|----------|----|--------------------------------------|
| 1. | Zachrau,                | Gerhard  | 49 | <b>3.555</b> Punkte                  |
|    | RKS Phoenix Mutterstadt |          |    | 40,70 - 9,83 - 39,75 - 22,80 - 15,34 |
| 2. | Rhaue,                  | Reinhard | 52 | <b>2.469</b> Punkte                  |
|    | RKS Phoenix Mutterstadt |          |    | 27,30 - 8,24 - 27,43 - 22,01 - 10,29 |
| 3. | Tretter,                | Bernhard | 54 | <b>2.434</b> Punkte                  |
|    | RKS Phoenix Mutterstadt |          |    | 27,05 - 8,82 - 29,83 - 14,80 - 10,69 |

Teamwertung M 60:

- |    |   |                     |
|----|---|---------------------|
| 1. | RKS Phoenix Mutterstadt                                 | <b>8.458</b> Punkte |
|    | Tretter: 2.434 P. - Zachrau: 3.555 P. - Rhaue: 2.469 P. |                     |

M 70:

- |    |                         |          |    |                                       |
|----|-------------------------|----------|----|---------------------------------------|
| 1. | Wörner,                 | Waldemar | 45 | <b>3.218</b> Punkte                   |
|    | TuS Sohren              |          |    | 34,43 - 10,02 - 30,57 - 26,88 - 12,95 |
| 2. | Lange,                  | Torsten  | 45 | <b>2.859</b> Punkte                   |
|    | RKS Phoenix Mutterstadt |          |    | 34,57 - 10,67 - 22,00 - 19,65 - 12,65 |
| 3. | Heinzel,                | Jochen   | 46 | <b>1.311</b> Punkte                   |
|    | RKS Phoenix Mutterstadt |          |    | 23,12 - 7,29 - o.g.V. - o.g.V. - 8,86 |

M 75:

- |    |                              |        |    |                                      |
|----|------------------------------|--------|----|--------------------------------------|
| 1. | Held,                        | Walter | 42 | <b>3.211</b> Punkte                  |
|    | LG Rheinfront - TV Oppenheim |        |    | 32,77 - 9,15 - 26,90 - 20,39 - 12,51 |

W 50:

- |    |                      |         |    |                                       |
|----|----------------------|---------|----|---------------------------------------|
| 1. | Broich,              | Kathrin | 69 | <b>3.708</b> Punkte                   |
|    | SV Kirchheimbolanden |         |    | 34,35 - 11,19 - 33,08 - 24,91 - 13,43 |